

### PERMANENT HAIR REDUCTION

An Intense pulse light treatment to permanently reduce any unwanted hair. Hassle-free and visibly great results after just a few treatments. Consultation needed.

Small Treatment Areas	£60 per session
Course of 6	£300

One of the following areas: Chin, Ear lobes, Eyebrows, Fingers or toes, Front or back of neck, Hands or feet, Lip, Navel, Nipples, Side of cheeks, Underarms

Medium Treatment Areas	£110 per session
Course of 6	£550
One of the following process Roard, Billini line	elessie Chin and peak Feet and

One of the following areas: Beard, Bikini line classic, Chin and neck, Feet and toes, Hands and fingers, Half arm, Lip and chin

Medium to Large Areas	£170 per sessions	
Course of 6	£850	
One of the following areas: Brazilian, Full face including hands and fingers, Half leg, Undera		

Large Treatment Area	£220 per session	
Course of 6	£1100	

One of the following areas: Back, Chest, Full face including eyebrows and neck, Full leg including feet and toes, Hollywood, Underarm and brazilian

## IPL SKIN TREATMENTS

An intense pulse light treatment used to combat several signs of skin damage such as thread veins, rosacea, vascular lesions and pigmentation. Consultation needed.

Single Lesion	£65 per sessio
Half Face	£120 per sessio
Full Face	£170 per sessio

# ELECTROLYSIS

# NEW ADVANCED ELECTROLYSIS

Skin tags, Moles, Blood/vein spots, Dermatosis papulosa nigra, Sebaceous hyperplasia, Warts, Milia, Syringoma

ngle Lesion	£65
To 5 Lesions	£120
To 10 Lesions	£170

Seborrheic keratosis, Cysts

Single Lesion	£85
Jp To 5 Lesions	£140
Jp To 10 Lesions	£180

Kanthelasma, Verrucas	
Per Session	£85
Thread veins (face or body)	
Per 30min Session	£90
all prices subject to change upon consultation	

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# BODY MASSAGE

Using Swedish and sports massage techniques, a massage at Escape will relieve tight muscles and aches, reduce stress and leave your body and mind feeling balanced and harmonious.

Back, Neck and Shoulder Massage	30mins	£39
Full Body Massage	1hr	£65
Indian Head	30mins	£39
Sports Back, Neck & Shoulder Massage		£44
Sports Full Body Massage		£73

### AROMATHERAPY

Indulge yourself in a massage with a specially formulated blend of essential oils to treat your skin, body and mind.

Back, Neck and Shoulder	30mins	£43
Full Body	1hr	£70
Face and Full Body		£73

# LAVA SHELLS

Upgrade your massage to a lava shell and allow your body to absorb the benefits of a heat treatment. The warming shells will help muscles to become more supple as well as increase blood circulation leading to a more effective massage.

Lava Shell Back, Neck and Shoulder	£44
Lava Shell Full Body	£73

### NEW THALGO BODY TREATMENTS

As specialists in thalassotherapy and spa expertise, Thalgo harnesses all the riches of the sea: oligo-elements, proteins, amino-acids, minerals, and vitamins.

With each treatment individually catered to treat your body and mind, allow Thalgo to take you on a journey of indulgence.

Full Body Scrub	£40
Full Body Wrap	£50
Full Body Scrub and Massage	£70
Cream Marine Wrap and Massage	£75
Scrub and Wrap Combo	£75
Scrub, Wrap and Massage Combo	£100

# E SCAPE WELLBEING THERAPIES

PRICES FROM JANUARY 2024

### **Opening Hours**

Monday - Thursday Friday - Saturday Sunday 9:00am - 9:00pm 9:00am - 5:30pm Closed

5 Hampden Square, Fairford Leys, Aylesbury, Bucks, HP19 7HT Tel: 01296 426666 Email: escapewellbeingtherapies@hotmail.co.uk

# www.escapewellbeingtherapies.com

Gift vouchers available. 20% NHS staff discount off treatments.



### MANICURES

Please allow drving time for these treatments as they are done using normal nail varnish.

File and Polish	£20
Full Manicure	£35
The full works to get your hands and nails tip top! Includ	les

file, cuticle work, scrub to remove dry skin, massage and polish of nails (can include French polish).

Luxury Manicure	£40

A luxurious treatment including all of the above as well as a deeply penetrating hydration mask and a longer massage.

# **PEDICURES**

Please bring flip flops for these treatments as they are done using normal nail varnish.

File and Polish	£20

Full Pedicure	£40

Indulge in a soothing foot soak followed by file and shape of the nails, cuticle work, removal of hard skin, exfoliating scrub, massage and polish of nails (can include French polish). Leaving you with feet you will want to show off.

Luxury Pedicure	£45

A treatment for even the most tired feet. Treat yourself to all of the above as well as a longer massage and a deeply penetrating hydration mask.

# SHELLACS

Using the official CND brand of shellac, You can expect your nail polish to last up to 2 weeks without sacrificing nail condition. Shellacs offer a strong but flexible coloured coating to the natural nail as well as a gentle removal leaving your nails stronger and longer than ever. It's so good it doesn't even need drving time.

£35.50
£41
£46
£46
£51
£13

Soak offs half price when combined with a new set of shellacs.



# EYELASHES & EYEBROWS

Eyelash Tint	£18
Eyebrow Tint	£11
Eyelash and Eyebrow Tint	£26
Eyebrow Wax and Tint	£20
Mylash Lift including Tint	£50

Mylash lift is designed to make the natural lashes look longer, darker and thicker, with results lasting up to 8 weeks. This treatment is perfect for those wanting that false lash look without the upkeep of false lashes.



# HOPI EAR CANDLES

A soothing and relaxing treatment for the ears to relieve blockages, pressure and wax build-up. £28

Hopi Ear Candles



# ST. TROPEZ TANNING

Full Body Spray Tan	£37
Express Tan	£38
Express tan gives the ability to wash the tan off in just	t 1 hour.

# WAXING

# FACE & BODY WAXING

Eyebrow Shape	£11
Lip	£11
Chin	£11
Nostrils	£12
Underarm	£12
½ Arm	£15
Full Arm	£22
Bikini Line Classic	£17
Brazilian	£22
Playboy or Hollywood	£28
½ Leg	£21
¾ Leg	£26
Full Leg	£31
Back	£30
Chest	£30
Back and Chest	£55
Lip, Chin and Eyebrow Shape	£30

Combination of any 2 of the following:

Lip, Chin or Eyebrow Shape

Any leg and bikini wax combo, save 20% on bikini. Any other areas for waxing can be priced on consultation.



# CRYSTAL CLEAR FACIALS

Using a combination of all of the above to tackle any skin problem to leave supreme results, but with down time added to indulge in the luxury of Crystal Clear's finest products.

£19

A firm favourite of celebrities world-wide, this truly is the elite of all facials, combining the resurfacing benefits of the microdermabrasion, the plumping of the oxygen, and introducing the micro-channelling roller; this treatment will infuse your skin with hyaluronic acid and vitamin C to erase wrinkles, lift and firm the skin, deeply hydrate, fade acne scarring and much more. Talk to our professionals for your personalised COMCIT facial.

# **FACIALS**

### Crystal Clear Microdermabrasion

£57

With Crystal Clear being the leading brand in microdermabrasion, your skin will receive an extremely effective form of exfoliation, combined with luxurious products and a lifting masque to increase elastin and collagen production and improve all over skin complexion.

### Crystal Clear Oxygen Therapy

£67

This facial will breathe new life into your skin. Designed with a patented anti-ageing serum to target fine lines and wrinkles and lift tired skin.

#### Crystal Clear Microdermabrasion, Oxygen Therapy and Mini Masque Lift £117

### NEW Crystal Clear COMCIT Elite Frozen Facial £140

All Crystal Clear treatments are beneficial as a course. Buy 5 get the 6th free and receive 10% off crystal clear products during your course.

# DERMALOGICA FACIALS

Using this award-winning brand, each Dermalogica facial uses an extensive range of products to give each customer a personalised facial, tailor-made to suit their skins needs,

#### Express Facial £44

Can be used as a great introduction to this exclusive product range, or as an express facial can be booked in as a quick boost to your skin's regular skin care routine. Includes a skin analysis, double cleanse, exfoliation, masque, and moisturise.

#### Prescription Facial £55

A luxuriously relaxing, yet beneficial facial, using specifically chosen products to suit your skin type. Let the products do the work whilst you drift off. Includes a skin analysis, double cleanse, exfoliation, facial and shoulder massage, masque, targeted booster and moisturise.

#### Multi-Vitamin Power Exfoliant Facial £60

This effective facial combines all the luxury of a prescription facial but with the added extra of a vitamin packed exfoliation treatment. Designed to improve elasticity. complexion and texture. Your skin will be left glowing and revitalised.

### NEW Crystal Clear COMCIT Elite Stretch Marks Fade £32

Using the micro-channelling and topical infusions to penetrate into the dermal layer, your collagen and elastin production will be stimulated to leave your skin tauter, lifted and stretch marks visibly faded. Perfect for 'mum-tums', breast lifting and firming, and post-weight loss excess skin.